

**Dr. Eric Smith**  
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2/12/2024

Dear Dr. Jack Shepard,

Thank you for referring Jane Doe for consultation with me. Please see my note below for details of my evaluation.

**CHIEF COMPLAINT**

- Persistent fatigue
- Mild headaches on the right side

**HISTORY OF PRESENT ILLNESS**

- Mrs Abbott, aged unknown, reports feeling tired all day long, starting 4 months ago in April
- Experiences mild headaches on the right side at the end of the day
- Reports difficulty focusing at work due to fatigue
- Reports poor sleep quality and snoring

**PAST MEDICAL HISTORY**

- Hypertension
- Elevated blood sugar levels

**FAMILY HISTORY**

Mother has type 2 diabetes

**SOCIAL HISTORY**

Has a son who is expecting a child

**ALLERGIES**

Allergic to peanuts, causes hives

**LAB RESULTS**

- Blood sugar level: 1.4 g/L
- LDL cholesterol: 2 g/L

**ASSESSMENT**

Possible sleep apnea or narcolepsy due to reported poor sleep quality and snoring

**PLAN**

- Order a home sleep test to investigate sleep patterns

**Nabla**

Less time with documentation, more time with patients

- Follow-up consultation to discuss sleep test results

PRESCRIPTION

Home sleep test

APPOINTMENTS

Follow-up consultation on January 12th to discuss sleep test results

Sincerely,

**Nabla**

Less time with documentation, more time with patients